My personal beliefs

What do you usually keep in mind while living your life? Courtesy? Or how you connect with people?

Today, I'd like to talk about my personal beliefs. They are "how I choose my words". They are very simple. Let me tell you about two key points.

First, speak kindly to others. When I was in the eighth grade, we had a softball game in P.E. I was not good at softball and often couldn't hit or catch the ball. At that time, one of my classmates told me, "Take things more seriously." Which made me feel really depressed. But right after, another classmate said to me really kindly, "Keep your eye on the ball and swing flat." and "When catching the ball, keep your feet wide apart, so you can catch it more quickly." Thanks to his advice, things went much better. Also, when I was disappointed about getting a bad grade on a test, he encouraged me, "If you work hard from now on, you will definitely get a good grade next time." His kind words made me feel positive.

On another occasion, I was not feeling well during class and went to the nurse's office. When I returned to the classroom after resting for a while, a lot of my classmates asked me, "Are you OK?" Hearing their kind words made me so happy and warmed my heart. From then on, I realized that being kind to others comes back to you when you need help. I learned that words can truly

lift people up or bring them down. From these experiences, I've come to think about how my words make others feel.

Second, always give a cheerful greeting. Let me tell you about my experience. When I visited the Imperial Palace on my school trip this May, I greeted tourists from abroad and Japan cheerfully and everyone replied brightly. After that, the conversation flowed smoothly. From this, I realized that a cheerful greeting is a great way to make people happy and start a conversation. Although greeting people cheerfully looks easy, it can be difficult when you are not at your best. Even so, to brighten up the day for everyone and myself, I try to greet others cheerfully. And by doing so, I hope to connect with a lot of people and build better relationships.

In conclusion, I believe that if we are all kind to others and greet them cheerfully, we can all share smiles and enjoy our life together. If kindness and cheerful greetings spread throughout our class and the whole school, I believe that no one would be sad. Most of all, if we can make everyone smile, we will definitely feel happy, too. If we all have kind hearts, the day will come when people all over the world can live in peace. To this end, I will continue to keep these personal beliefs in my daily life. Words have great power. So, let's make others smile with them!